

# Slow Worm



- Slow Worms are a **legless lizard** often mistaken for snakes
- Unlike snakes they can **blink, and have a flat forked tongue**
- Like a lot of lizards they can lose their tails if scared, but the tail does eventually grow back
- Wide spread throughout Britain, but are absent from Ireland
- **Males:** usually grey or brown in colour. May have bright blue spots. **Females:** usually golden brown on top and darker on sides and belly. Often have a dark stripe running along back. **Juveniles:** black or dark brown belly. Gold, silver or copper sides.

**Green Pathways** supports young people with extra difficulties in their lives to improve green spaces for wildlife and people, and learn about and enjoy the environment. The project works in Peterborough, Fenland and Northamptonshire.

[www.froglife.org](http://www.froglife.org) 01733 602102



Froglife is a charity committed to the conservation of reptiles and amphibians – working with people, enhancing lives together for a healthier planet.